

Good afternoon everyone!

My name is Brenden Casey and I am the new head baseball coach here at Jacksonville Classical Academy. I am so excited to get to work and help build a winning program here for baseball at JXC! If you are receiving this email, it is because your child came to our baseball interest meeting during lunch and put their name down that they will be interested in coming to workouts and trying out for the team. This email will contain information about getting cleared to be able to participate in sports and will include the days our workouts will fall upon.

Regarding clearance, ALL players must be cleared before they participate in any practices/workouts/games this year. In order to get cleared, you must go to the home campus website and input all requested documents into home campus, which includes an up to date physical. You will have to upload the updated physical (that is in good standing), complete the EI3 forms, and then complete all 4 NFHS Learn Videos uploading the certificates of completion onto Home Campus. Once this process is done, it will be reviewed and eventually (if everything is good and up to date) cleared to play. This MUST be done before they participate in any sporting event/workout/practice with the school.

Now regarding workouts. We will be having off season workouts after school starting 9/4. This will give you and your child time to get the necessary documents completed to get cleared. September 4th will be our first official workout of the year, from 3:30-4:30 pm. Players will first meet me in my classroom, 282, and then we will walk as a team to the cage to get in some batting practice, weather pending. If the weather acts up, we will still have workouts inside where we will do strength and conditioning drills. After 9/4, every Monday, Wednesday, and Friday from 3:30-4:30 pm, we will have baseball workouts for the day. All players will be required to bring a change of clothes, shoes to run in (cleats aren't needed yet), and when we go in the cage (which I will send out a reminder of when we are doing so) they will need to bring their bags with equipment with them to school, which they can drop off in my room in the morning. Please emphasize the importance of workouts to your kids. Each workout they attend makes them a better player which gives them a better chance to, hopefully, make the team.

As we go throughout the year, I will keep you updated on if there are any changes to after school workout plans and potential try out dates. I am in the process of creating a TeamSnap account which will allow me to stay in touch with you easier and it will let me post announcements there if there are any sudden changes. Please make sure that at home they are also getting in some work, whether it's tee drills, footwork drills, pushups, situps, etc, so they are well prepared for workouts and the start of the season. If you have any questions at all, please feel free to email me at bcasey@jacksonvilleclassical.org. I will update everyone on how everything is going once we get the ball rolling.

I can't wait for this year and I can't wait to build this amazing program with your talented children! Have a wonderful rest of your day!

Regards,
Coach Casey